

# Y SWIM LESSONS™

We build strong kids, strong families, strong communities.

**AGES** 6 months to 5 yrs  
30 minute lessons  
A/C Deluxe \$26.00  
A/C Member \$31.00  
Limited \$48.00

## SUMMER PROGRAMS

**AGES** 6 and older  
45 minute lessons  
A/C Deluxe \$29.00  
A/C Member \$35.00  
Limited \$55.00

**Registration begins Monday, June 2**

Swim lessons are held **Monday** through **Thursday** in two-week increments for three sessions, and **Friday** or **Saturday** for an eight-week session.

### Ages 3 to 5 years old

#### **Pike** BEGINNER

Once a week for eight weeks

##### Friday Weekly

9:30AM – 10:00AM  
11:00AM – 11:30AM  
5:30PM- 6:00PM

##### Saturday Weekly

9:00AM – 9:30AM  
9:30AM – 10:00AM

Two-week increments 8 lessons

**Monday through Thursday**

9:30AM – 10:00AM  
5:30PM – 6:00PM

#### **Eel** INTERMEDIATE

Once a week for eight weeks

##### Friday Weekly

9:00AM – 9:30AM  
11:30AM – 12:00PM  
5:00PM- 5:30PM

##### Saturday Weekly

10:30AM – 11:00AM

Two-week increments 8 lessons

**Monday through Thursday**

9:00AM – 9:30AM  
5:00PM – 5:30PM

#### **Ray/Starfish** ADVANCED

Once a week for eight weeks

##### Friday Weekly

11:30AM – 12:00PM  
4:30PM – 5:00PM

##### Saturday Weekly

10:30AM – 11:00AM

Two-week increments 8 lessons

**Monday through Thursday**

6:00PM – 6:30PM

### two-week increments, 8 lessons

Session 1 July 7 – July 17

Session 2 July 21 – July 31

Session 3 Aug. 4 – Aug. 14

### 8 weeks, one day per week

Friday's June 27 – Aug. 15

Saturday's June 28 – Aug. 16

### Ages 6 months to 36 months

#### **Parent/Child Classes**

Once a week for eight weeks

##### Friday Weekly

8:30AM – 9:00AM  
6:00PM – 6:30PM

##### Saturday Weekly

8:30AM – 9:00AM

Twice a week for four weeks

##### July 7 – July 31

Monday & Wednesday

8:30AM – 9:00AM

Monday & Wednesday or

Tuesday & Thursday

4:30PM – 5:00PM

### Ages 2 & 3 year olds

#### **Me & My Tot**

#### **Tumble & Splash**

Gym & Swim Lesson

Once a week for seven weeks

**Saturday's July 5 – Aug 16**

9:15AM – 10:30AM

A/C deluxe \$40.00

A/C Member \$46.00

Limited \$75.00

### Ages 6 and older

#### **Polliwog** BEGINNER

Once a week for eight weeks

##### Friday Weekly

9:45AM – 10:30AM  
4:30PM-5:15PM

##### Saturday Weekly

9:00AM – 9:45AM

Two-week increments 8 lessons

**Monday through Thursday**

10:15AM – 11:00AM  
3:30PM – 4:15PM

#### **Guppy & Minnow**

INTERMEDIATE

Once a week for eight weeks

##### Friday Weekly

10:30AM – 11:15AM  
4:30PM – 5:15PM

##### Saturday Weekly

9:45AM – 10:30AM

Two-week increments 8 lessons

**Monday through Thursday**

10:15AM – 11:00AM  
4:15PM – 5:00PM

#### **Fish/Flying/Shark**

ADVANCED

Once a week for eight weeks

##### Friday Weekly

9:00AM – 9:45AM  
3:45PM – 4:30PM

##### Saturday Weekly

10:30AM – 11:15AM

Two-week increments 8 lessons

**Monday through Thursday**

3:30PM – 4:15PM

**YMCA of Greater Westfield**

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